



the TARA Approach



Don't Miss These Exciting Upcoming Events

Upcoming Events

- [American Association Of Pre And Perinatal Health Congress](#)
- [Healing Principals](#)



• American Association Of Pre And Perinatal Health Congress

Facilitated by
[Stephanie Mines](#)
And Robert E.
Yuhnke Esq.

Airport Hilton Hotel,
Los Angeles,
California
February 23, 2007
3:15 – 4:15 PM

The American Association Of Pre And Perinatal Health Congress, [Stephanie Mines](#) And Robert E. Yuhnke Esq. Advocating For The Environment: Providing Sanctuary For Our Children

Protecting Pregnant mothers and babies from environmental hazards that interfere with human development. For additional information and to register, go to birthpsychology.com.

• Healing Principals

**Healing Principals:
Integrating
Physical And
Energy Medicine
Paradigms**

Mercy Hospital in
Oklahoma City,
Oklahoma
March 16-18, 2007
8:00AM-5:00PM

Event Subheading

Join Stephanie Mines, Ph.D. and Ed Stiles, DO, as they steer healthcare professionals and laypeople alike in the integration of language, subtle touch, and manual therapy to resolve trauma of all kinds. **This first of its kind program empowers all participants to relieve allostatic load (shock) and find the natural symmetry of the nervous system.**

Physical therapists, psychotherapists, osteopaths, parents, educators, physicians, dentists, massage therapists and anyone committed to transformative health are welcome to this celebration of

human potential. You will find increased health, growth, a marvelous resiliency and inspiration for healing yourself and others at this astounding collaboration in the heartland of America.

Participants will acquire language skills, hands-on treatment skills, and the capacity to understand the exquisite art of unwinding, or healing trauma one layer at a time, no matter what intervention is employed.

To register and for additional information, including CEU's, contact Steve Maly at smaly@ok.mercy.ne or by phoning 405-752-3700.

The Dom Project

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<http://www.tara-approach.org>

The TARA Approach is taught in hospitals, universities, social service agencies, domestic violence shelters, at midwifery schools, and wherever there is a need and an organizational structure to support its delivery. The TARA Studio in Eldorado Springs, Colorado, has been home base since the program's inception in 1995. Small groups meet there for highly personalized mentorship and study with Dr. Mines. TARA Approach programs are currently ongoing in Colorado, Hawaii, Washington, Oklahoma and Mexico, and rapidly spreading throughout the US and abroad. If you would like to find out how the [TARA Approach](#) could benefit you or your organization, please call us at 800-493-6117, or send us an email: domproject@tara-approach.org. Also see our current schedule of classes.